

# INNER SOUTH EAST POST ACUTE CARE



## What Is Post Acute Care?

- ◆ Post Acute Care helps to facilitate a safe and timely discharge from hospital. This is achieved by providing a range of short-term community based services at home.
- ◆ Services aim to support recuperation and prevent hospital readmission.
- ◆ Supports are purchased from private agencies at no cost to the individual. The provider will inform you of the day and time of your service.

(Where another program was providing supports prior to the hospital stay, it is expected that these services will be resumed on the person's discharge to home).

## Who Is Eligible?

- ◆ People being discharged from a public hospital (including emergency departments, acute services and subacute services) can access short-term supports. They need to be assessed as requiring short-term, community-based help to assist them to recuperate in the community, and to ensure a safe and timely discharge.

## What Services Can ISEPAC Provide?

Supports include a range of community based services according to your individually assessed needs. The most common services provided are:

- ◆ Community Nursing
- ◆ Home Help
- ◆ Personal Care
- ◆ Shopping assistance
- ◆ Physiotherapy

The program provides short term support services for those residing in the local council areas of **Port Phillip, Stonnington, Glen Eira, Bayside, and parts of Melbourne.**

## Your ISEPAC Care Plan

ISEPAC Care Coordinators will discuss your needs with you and / or your family and develop a Care Plan. Services will then be organised and you will receive regular phone checks from the Care Coordinator to help monitor your recovery and the service provision.

ISEPAC Care Coordinators can also help to link individuals with long-term supports in the community, as required.

Please contact an ISEPAC Care Coordinator if you would like to discuss any aspects of your care plan .

## ISEPAC Contact :

**Phone: 9066 1400**

**Fax: 8520 5255**

## Office Hours:

**Monday to Friday 8:30am - 4:00pm**



Please let us know if you need an interpreter

**SUPPORTING YOU AT HOME**

<https://bhn.org.au/>