About Us

Our Mission

As Bayside's provider of alcohol and other drug (AOD) outpatient services, BHN's AOD program provides personalised treatment plans and works with local communities to mitigate harm and improve the lives of those who use substances.

We are committed to providing timely and holistic support.

We are passionate about encouraging individuals, couples and families living in our communities to seek change and improve their quality of life.

What to expect from the service

You can expect a compassionate, non-judgmental approach tailored to your unique needs. We will meet you where you are at in your journey, guiding vou through available resources and supporting you every step of the way.

Questions are always welcome, and you'll be treated with respect and understanding throughout the process.

Our Alcohol and Other Drugs (AOD) Team is always open for referrals.

Contact Information

Phone: 1800 229 263

Email: baods@bhn.org.au

www.bhn.org.au Web:

How to contact us:

For Alcohol and Other Drug (AOD) services call 1800 229 263

For all other services call 132 246 (132 BHN)



visit our website

January 2025













BHN acknowledges:

Aboriginal and Torres Strait Islander people as the first peoples and Traditional Owners and custodians of the land and waterways on which we live and we acknowledge that sovereignty was never ceded. We honour and pay our respects to Elders past and present.

The funding support of the Victorian and Commonwealth Governments.

We are committed to equity, irrespective of cultural background, sexual orientation, gender identity, intersex status, religion, socio-economic status, age or abilities.



Alcohol & Other Drug Services

Personalised treatment plans and holistic support for your unique needs.

















About Our Services

We provide free Alcohol and Other Drug (AOD) services including for refugees and international students. Our central intake team can help with the following:

- Intake, evaluation and a personalised AOD treatment plan
- Face-to-face or phone-based assessments
- Referral to detox, rehab, dayhab
- Information sessions by phone or face-to-face on request

Client Experience

"Connecting with BAODS has had a profound impact on my life. Their support and understanding helped me regain control, leaving me feeling more hopeful and empowered."

Programs and Services

Services

- AOD Counselling (including after hours)
- Non-Residential Withdrawal Service
- Care and Recovery Coordination
- Dual diagnosis capable
- Outreach Care and Recovery Coordination and Non-Residential Withdrawal Service
- Supports available for families and others impacted by AOD use
- Advocacy and assistance in navigating the AOD treatment system

Harm Reduction

- Needle and syringe program
- Mobile Health Outreach Service (after hours)
- Naloxone and training
- Information, advice and safer use education available at South Melbourne and Prahran
- Pharmacotherapy Support Program for people wanting to commence or maintain their place on the Opioid Replacement Therapy program.

Other Support Services

Direct Line

1800 888 236 | directline.org.au

Lifeline

13 11 14 | **lifeline.org.au**

Beyond Blue

1300 22 4636 | **beyondblue.org.au**

1800 Respect - Family Violence 1800 737 732 | **1800respect.org.au**

Service Seeker - Service Directories serviceseeker.com.au

Alcohol & Drug Foundation - AOD Service 1800 250 015 | adf.org.au

YSAS - Youth AOD Service

394 158 881 | ysas.org.au

Harm Reduction Victoria 9329 1500 | hrvic.org.au

Medically Supervised Injecting Room (MSIR) 9418 9800 | nrch.com.au





Your health, your choice, your way