

Diabetes Education

INFORMATION SESSION



Join this interactive session facilitated by our **diabetes educator and dietitian**, to discover new and effective diabetes self-management strategies.

**Thursday
28 Aug
10 am - 11:30am
BHN
335 Nepean Hwy,
Parkdale**

SESSION INFORMATION

- Updates on personalised nutritional approaches
- Digital tools and tech integrations
- Behavioural Nutrition Coaching
- Diabetes self-management
- Diabetes screening process

Duration: 90 minutes

Presenters: BHN Diabetes Educator & Dietitian

Cost: Gold coin donation

For more details and bookings, call 132 246

(After dialing, select phone option 3, option 3)