



# Gender Equity & Respectful Relationships

## IN THE EARLY YEARS

Health Promotion at BHN have the prevention of family and gender-based violence as a priority and support this work in a range of community settings. We have a focus on early years (0-5) and working with those who have an active role in supporting children and families in their learning, development and formation of healthy relationships (e.g. Educators, Maternal & Child Health Nurses, Allied Health and other professionals).

### Why it matters

- We know the link between gender inequality and family and gender-based violence.
- We all want children to be who they are, not limited by gender stereotypes, and to develop equal and respectful relationships.
- We know that gender stereotypes persist, and we can inadvertently reinforce these in our role as early years professionals.

### Our approach

- Aligned with the VEYLDF, we have a particular focus on reflective practice, partnerships, respectful relationships, and equity.

### What we can offer (for free!)

- Practical tools and resources to support taking a more proactive approach to promoting gender equity and respectful relationships in a range of early years settings.
- Practice examples of others doing work in this space, for inspiration, motivation (and permission to do more).
- Strategies to build on your current practice and knowledge.
- This might look like:
  - Delivering professional learning sessions tailored to your team
  - Working one-on-one with a 'champion' to drive this work
  - Attending one of our workshops for early years professionals

**"I had never made the connection between gender equity and family violence but see the connection now and allows us to call out behaviours early. Really appreciate all the resources shared."** - Educator

**"We need to continue to do this work [gender equity and respectful relationships] and build capacity."** - MCH Coordinator



Promoting gender equity and respectful relationships in the early years, a primary prevention of family and gender-based violence initiative.

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