

# LGBTIQA+

## Health & Wellbeing Information



Better Health Network (BHN) is a proud **Rainbow Ticked** organisation offering a range of health and wellbeing services designed to support you in **safe, inclusive and welcoming** spaces.

### BHN South Melbourne GP Clinic

#### Gender Dysphoria/Hormone Therapy

GPs who work with specialists to support people who are transitioning.

#### Hepatitis C Treatment

GPs assess and prescribe medication to cure Hepatitis C. A specialist from Alfred Health treats complex or further progressed Hepatitis C.

#### Medical Termination of Pregnancy

We provide this as a bulk-billed or very low-cost service.

#### Menopause & Perimenopause

Health assessments that screen for menopause and perimenopause.

#### Mental Health Support and Plans

GP mental health plans with access to Medicare-funded rebates for counselling and psychology.

#### PEP/PReP Prescriptions

GPs can prescribe PEP/PReP medications to clients exposed to or at risk of exposure to HIV.

#### Self-Collected Cervical Screening Tests

An alternative to a GP-performed cervical screening test.

#### STI and Blood-Borne Virus Screening and Treatment

Our GP clinics offer confidential testing and treatment, including for syphilis.

### BHN Support Programs

#### Harm Reduction

Non-judgemental, confidential support for alcohol and other drug use, including safer injecting advice, BBV prevention, naloxone access, and links to LGBTIQA+ inclusive AOD and peer supports.

#### RhED Program

If you're a current or former sex worker, or thinking about starting in the industry, we are here to provide any information, resources, and support you might need. [sexworker.org.au](http://sexworker.org.au)



Resourcing Health & Education in the Sex Industry

### Inclusive Spaces

We want to make sure we're using your **preferred name and pronouns**, and you are welcome to update these in our system at any time by speaking to reception or your clinician.

We also have **inclusive bathroom facilities** at most of our sites.

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Health and wellbeing for **all people** and **communities**. We're here to **support** you.

### More Support Services

#### Chest Checks

Available through Breast Screen. May still be required for people who have had top surgery if there's any remaining tissue.

[breastscreen.org.au/community-engagement/lgbtiq-people](https://breastscreen.org.au/community-engagement/lgbtiq-people)

#### Bowel Screening

Available through Cancer Council Victoria. If you're over 45, a bowel screening kit can be delivered to your home.

[ncsr.gov.au/request-a-free-bowel-test-kit](https://ncsr.gov.au/request-a-free-bowel-test-kit)

Visit our website for  
more health information



### Contact Us



We'd love to hear from you.  
Feel free to give any feedback at:  
[bhn.org.au/contact-us/feedback](https://bhn.org.au/contact-us/feedback)

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